The future of cervical cancer screening

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Prevention of cervical cancer

- Primary prevention is usually better than secondary prevention
- Cervical cancer screening is considered as secondary prevention, although the cancer itself can be prevented by treating the precancerous lesions
- Well organised screening can reduce cancer incidence and mortality about 80%

Primary prevention

- Deals with the causal factors
- HPV -infection prevention
- Immunizing with virus like particles (VLP)
- The structure is identical with real HPV
- · Good antibody response



HPV vaccines

- Prophylactic (preventive)
 - two commercial vaccines
 - Gardasil, designed to be active against the high-risk HPV types 16 and 18, and low-risk types 6 and 11
 - Cervarix, designed to be active against the high-risk HPV types 16 and 18
- HPV 16 and 18 account for about 70% of all high-risk HPV type caused cervical cancers
- · Possibly therapeutic vaccines in the future

Vaccine efficacy

- To prevent the development of cancer caused by high-risk HPV types (virus types contained in the vaccine), prophylactic vaccinations against HPV should be administered to adolescents before their exposure to HPV, i.e. before they become sexually active.
- No effect, if the woman has already that certain $\ensuremath{\mathsf{HPV}}$ infection
- Thus the real impact will happen 20-40 years after the vaccine is administered (Cx Ca peak at 30-50 years)

Results with the quadrivalent vaccine (Gardasil)





| Gardasil [®] : efficacy (modified ITT |
|--|
| population-2) - Phase III trial (1.4 years) |

| Endpoint | Vaccine efficacy, % (95% Cl) |
|--------------------|---------------------------------|
| HPV 16/18 CIN2/3+ | 97.2 (83.4–100.0) |
| HPV 16/18 CIN2 | 96.3 (77.4–100.0) |
| HPV 16/18 CIN3/AIS | 100.0 (85.2–100.0) |
| | - |

EMEA. Gardasil Scientific Discussion. Available at: http://www.emea.europa.eu/ (accessed February 2010)

Modified ITT population-2: women naïve to vaccine HPV types who received at least one vaccination. n = 6,082 (vaccine group); 6,075 (placebo).







| HPV type | Group | N | n | Vaccine efficacy. % | 96.1% CI |
|---|---|-------|-------------|------------------------|------------------|
| HPV 31/45 | Vaccine | 4,616 | 11 | | |
| 2 most frequent non- vaccine types | t frequent non- te types Control 4,680 27 58.7 | 58.7 | (14.1–81.5) | | |
| HPV 31/33/45/52/58 5 most frequent non- vaccine types | Vaccine | 4,616 | 44 | 32.5 | (-0.3–55.0) |
| | Control | 4,680 | 66 | | |
| HPV 31/33/35/39/45 /51/52/56/58/59 10 most frequent non- vaccine types | Vaccine | 4,616 | 62 | 32.5 | (6.0–51.9) |
| | Control | 4,680 | 93 | | |
| A9 species (HPV 31/33/35/52/58) | Vaccine | 4,616 | 44 | 35.4 | (4.4–56.8) |
| | Control | 4,680 | 69 | | |
| A7 species | Vaccine | 5,449 | 11 | 47.0 | (-15.0– 76.9) |
| (HPV 39/45/59/68) | Control | 5.436 | 21 | | |



Results with the bivalent vaccine (*Cervarix*®)





| | | | v | Vaccine Efficacy (96.1%Cl) | | | SCI) | |
|-----------|---------|-------|---------|----------------------------|------|--------------------|-----------------|--|
| Endpoint | Group | N | n | % | LL | UL | <i>p</i> -value | |
| CIN2+ | Vaccine | 5,449 | 1 | 98.4 | | | 400.0 | |
| HPV 16/18 | Control | 5,436 | 63 | | 90.4 | 100.0 | < 0.0001 | |
| | 1 | | | 1 | | | | |
| | | | Vaccine | | | Efficacy (96.1%CI) | | |
| Endpoint | Group | N | n | % | LL | UL | <i>p</i> -value | |
| CIN3+ | Vaccine | 5,449 | 0 | 100.0 | | | | |
| ONIGT | | | | | 64.7 | 100.0 | < 0.0001 | |

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| Phase III ti | rial (39. | 4 mont | ths post-dose | ə 1) |
|---------------------------------|----------------------|----------------------|-----------------------------------|-----------------|
| Reduction in | Vaccine N = 5,449 | Control N = 5,436 | Vaccine efficacy, % (96.1% Cl) | <i>p</i> -value |
| Colposcopy referrals | 354 | 476 | 26.3 (14.7–36.4) | < 0.000 |
| Cervical excision procedures | 26 | 83 | 68.8 (50.0–81.2) | < 0.000 |
| тус | | | - | |
| Reduction in | Vaccine N = 8,667 | Control N = 8,682 | Vaccine efficacy, % (96.1% CI) | <i>p</i> -value |
| Colposcopy referrals | 1,107 | 1,235 | 10.4 (2.3–17.8) | 0.0055 |
| Cervical excision procedures | 180 | 240 | 24.7 (7.4–38.9) | 0.0035 |







| Endpoint | % | 96.1% CI | P-value | |
|--|------|-----------|---------|--|
| HPV-31/45 | 100 | 82.2–100 | <0.0001 | |
| HPV-31/33/45/52/58 | 68.2 | 40.5-84.1 | <0.0001 | |
| HPV- 31/33/35/39/45/52/51/56/58/59 | 68.4 | 45.7–82.4 | <0.0001 | |
| A9 species (HPV-31/33/35/52/58) | 66.1 | 37.3-82.6 | <0.0001 | |
| A7 species (HPV-39/45/59/68) | 77.3 | 36.0–93.7 | 0.0009 | |
| 14 oncogenic HPV types (HPV- 16/18/31/33/35/39/45/51/52/56/58/59/66/68 | 77.7 | 63.5–87.0 | <0.0001 | |



Cervical cancer screening

- Organised screening gives the best results
- Only proven method yet





Organised screening in the future

- HPV based screening
 - sole HPV testing
 - combined HPT test and Pap smear
 - HPV test with triage
 - Pap
 - molecular markers
 - HPV typing
- Trials ongoing









Frequency of recommendations for intensified screening Leinonen et al. JNCI 2009)

- 2581 recommendations in the HPV arm, 2340 in the conventional arm
- 9% more recommendations in the HPV arm overall (95% Cl 3-15%)
- From age 40 onwards, rate was constantly lower in HPV arm
- The rate was modified by age in both arms (p-value for age, and for the interaction term 'age x arm' < 0.001)











Conclusions

- HPV primary testing with cytology triage is better than conventional Pap-smear screening in women 35 years and older
- Among women under 35 years HPV screening is unspecific and causes adverse effect.
- Triage may solve the problem.

Policy for HPV vaccination and screening in Finland

Situation in Finland

- HPV-vaccines are **not** yet in the National Vaccination Programme
- Only spontaneous vaccination activities in Finland (few thousand vaccines given)
- Together 6500 finnish girls vaccinated in phase III trials
- Large phase IV study ongoing in Finland involving 45 000 young girls and boys

What is happening?

 National Public Health Institute of Finland (KTL) appointed in May 2008 a national expert group.

- Aims of the group:
 - To review and evaluate the role of screening and vaccination together, for the national decision making on <u>control of cervical cancer</u>
 - To make proposals for national action for KTL and Ministry of Health.
 - The proposal should be given by October 2010
 - The chair of this group is P Nieminen.

To be considered within the group

- Screening and vaccination together, not independently
 - pros and cons, e.g.
 - vaccine effects
 - screening effects with present and novel methods
 - total cost-efficiency
 - organisation
 - target age groups
 - girls and boys?
 - etc.

If vaccination is included into the programme

- National vaccination programme
 - free for the participants
 - coverage ~100 %
 - state funded

Why not in programme yet?

- We are not in a hurry in Finland
- Good screening results, 80% reduction in incidence and mortality already
- Theoretically max. 70-80% reduction with vaccines!
- Vaccination benefits fully only after 30 years
- Impact on cytological abnormalities and CIN quite modest
- Over 99% of imminent cervical cancers
 prevented by treating of CIN (Kalliala et al, BMJ 2005)

Screening & vaccination

- No changes yet in the organised screening programme, except trials on new screening techniques incorporated in the routine (automation, primary HPV screening)
- HPV primary screening with cytology triage is propably the future in the screening era

 promising results
 - with vaccination the PPV and sensitivity decreases
- Screening has to exist and be of high quality at least for 50 years